

# Newsletter

No 2 20<sup>th</sup> February 2026

## From the Principal’s Desk

One of the great things about my role here at PNPS is the opportunity to connect with both our students and families. I really enjoy the opportunity to visit our classrooms and talk with student about their learning and equally, I love the chance to talk with families in the yard before and after school. The connections that we form with one another through our school are often one of the first things that come to my mind when I think about how great our school is.

This week I was reminded of this when we held our Governing Council AGM. During the AGM, we reviewed some of our highlights from 2025 and elected a new Governing Council for 2026. The Governing Council is made up of a group of parent volunteers who meet twice a term with myself and staff representatives to discuss the governance of the school. We also spend time reviewing and planning our strategic directions and policies and it is a good way to find out about what is happening in the school. Even though the elections were held last week, we still a couple of vacancies for this year. If you are interested in joining the Governing Council, please get in contact with me through the front office.

On Wednesday night this week, three of our teachers, Anna, Kavita and Sam M as well as Judy, our Deputy Principal were invited to Government House where the Governor of South Australia, Frances Adamson AC, presented the school with the Governor’s Civics and Citizenship Award in the Primary Schools’ category. This award recognizes the work of PNPS in our Student Ministries program and the achievements of the Ministers and their teams.



Please remember that Friday 6<sup>th</sup> March (Week 6) will be a Pupil Free Day. On this day, there will be no classes running for students as staff will be spending the day undertaking some professional development in the area of Literacy. OSHC will be open for the day and bookings can be made directly through OSHC.

Russell Barwell - Principal

Term 1, 2026		27 <sup>th</sup> January – 10 <sup>th</sup> April
<b>March:</b> 	3 <sup>rd</sup>	SAPSASA Swimming
	6 <sup>th</sup>	Pupil Free Day
	9 <sup>th</sup>	Adelaide Cup Public Holiday
	11 <sup>th</sup>	NAPLAN commences
	16 <sup>th</sup>	Governing council Meet
	24 <sup>th</sup>	A3/A4 Museum Excursion
	25 <sup>th</sup>	Aquatics Year 6

First, think.  
 Second, dream.  
 Third, believe.  
 And finally,  
 dare.

-Walt Disney

## From The Art Room...

Year 4/5 & 5/6 students have been busy designing and constructing animals and characters from junk materials and then using the versatile artform of paper mâché to cover their construction to create hardened, lightweight sculptures. In the next few weeks students will paint and seal their sculptures. Stay tuned to see our completed sculptures!

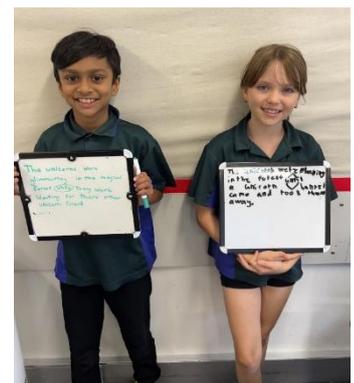
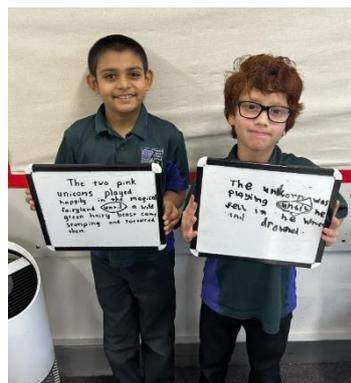
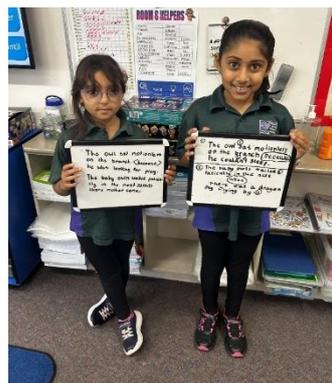
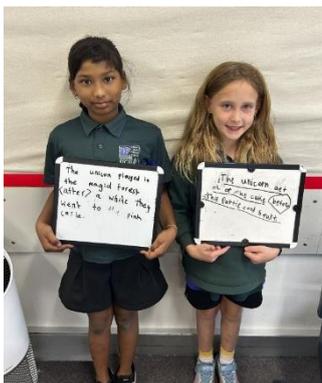


## What's Happening in Room 8

Room 8 have been learning about the Base 10 numeration system. We have been learning the rules for Base 10 and the rules for writing and reading numerals. We are practicing using Base 10 patterns to become powerful mathematicians.

In writing, Room 8 have been learning about the different types of sentences. We had been using conjunctions to write compound and complex sentences. We are focusing on using correct punctuation and adding adjectives to make our sentences even more interesting.

We have been learning about how our thoughts control our feelings and our feelings control our actions. By understanding what causes our feelings, we have a better chance of changing or modifying the intensity of our feeling. We can practice 'Mind Master Minding Thoughts' and recognise 'Head Hassler Headaches'. We have created digital artwork using Canva to represent our Head Hassler and Mind Master thoughts.



# STUDIO 11 DOES



Our class had the memorable opportunity to attend LIV Golf Adelaide 2026, immersing ourselves in a unique and vibrant experience. The event began with the exciting shotgun start, where golfers commenced their rounds simultaneously from different holes spread across the grounds. This spectacle gave students a dynamic view of professional golf in action. We challenged ourselves with a series of golfing activities, such as chipping a ball onto an island, putting into a moving hole, and mastering tricky shots on a mini golf course.



The excitement extended beyond the fairways, with a variety of engaging activities on offer. Students could visit the hair braiding and tattoo parlour stations, enjoy the energetic dance floor, and interact with friendly animals in the petting zoo, where we witnessed a cheeky escape goat! Throughout the day, students embraced creativity by sketching scenes from the event and recounting their experiences. Many made it their personal challenge to collect autographs from a range of people, including internationally known golfers, DJs, police officers, journalists, and LIV Golf volunteers.



A special highlight was students' enthusiastic participation in PNTV, taking on roles as interviewers, reporters, and vloggers, gaining valuable media and oracy skills. Studio 11's involvement fostered a beautiful sense of community and ensuring the day was both enjoyable and safe for all. The excursion provided countless opportunities for students to develop their teamwork, communication, and creative skills, making it a truly unforgettable experience.



# Class Mottos



T18

Be safe, be kind, be brave, listen.  
Help, Care, Always try your best.

Each year, students agree on a class motto, which reflects the values that the class holds. Students presented their class mottos at assembly in Week 3.



A1 & A2:

Bunnies and Foxes,  
we try, we play, we learn  
everyday



T15 & T16:

Caring, kind, honest and  
brave,  
Together we help, share  
and play,  
Every peice of us is  
special, together we fit  
like a puzzle, making our  
class complete!

A3 & A4:

Like frogs in a pond we  
splach and explore,  
We hop full of questions,  
then hop some more,  
We're curious and brave,  
we try something new,  
We are kind to each other  
in all we do.



R6 & R7:

Together, everyone  
achieves more.

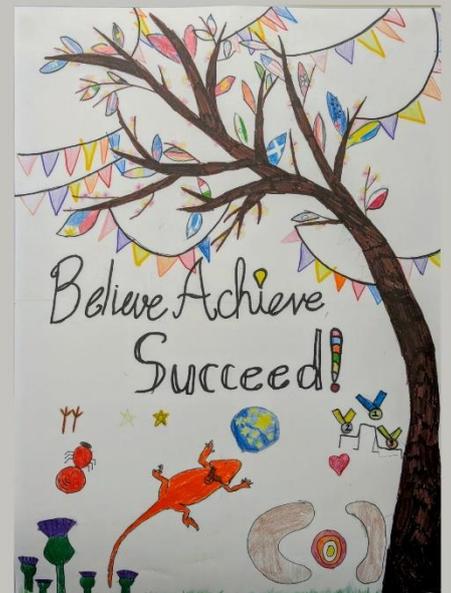
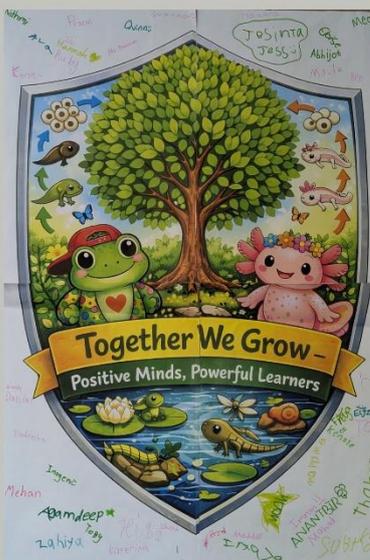


T17 & R8:

Together we  
grow positive  
minds of  
powerful  
learners

Studio 10, 11 & 12

Believe,  
Achieve,  
Succeed



# Reception Zones of Regulation

In Reception we have been learning all about the Zones of Regulation. The Zones help us to understand our feelings and recognise that all emotions are normal. We have been talking about how our bodies feel in each zone and what we can do to help ourselves when we are finding things tricky. We have learnt different strategies in each zone that we can use to help us get back to the 'Green Zone' which means we are happy and ready for learning.

The **Blue Zone** is when we feel sad, tired, sick, or bored. Our bodies might feel slow or low on energy.

The **Green Zone** is when we feel happy, calm, focused, or ready to learn. This is the zone we aim to be in during learning time.

The **Yellow Zone** is when we feel excited, worried, frustrated, or a bit silly. Our bodies might feel wiggly or faster than usual.

The **Red Zone** is when we feel very angry, terrified, or overwhelmed. Our bodies may feel out of control and need help to calm down.

We have learnt about different strategies and made lots of tools to help us regulate back to the 'Green Zone'. Some of these tools/strategies include glitter bottles we can shake and watch the glitter float around, worry dolls we can tell our worries to, practicing deep breathing and blowing bubbles, squeezing our stress balls and decorating rocks with things that make us feel happy.



# 2027 Year 7 Football Academy Trials



Woodville High School  
WOODVILLE, SOUTH AUSTRALIA

Friday 8 May 2026, 9am-11am  
(please arrive 15 minutes before to sign in)  
Enter via Actil Avenue to front office

REGISTER NOW via the  
[Woodville High School Website](#)



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For more information, please contact  
Mr James Anic-Kaliger  
[James.anickaliger991@schools.sa.edu.au](mailto:James.anickaliger991@schools.sa.edu.au)

Our Future. Our Place. Our Woodville.

**nab AFL Auskick**

**GOOD CLEAN FUN**

**PLAY.AFL/AUSKICK**

**KILBURN FC TERM 1 AUSKICK**  
Starts Thursday 5<sup>th</sup> March  
5pm - 6pm  
More Info - [juniors@kfcc.com.au](mailto:juniors@kfcc.com.au)

REGISTER FOR FREE WITH THE ORSR SPORTS VOUCHER

SCAN QR CODE TO REGISTER

**AFL PLAY**

**SMASH SERIES CRICKET**

**SMASH SERIES IS HERE!**

**A NEW, FUN FILLED, ALL ACTION WAY TO ENJOY CRICKET WITH FRIENDS! 60 MINUTES OF FAST, SOCIAL, MIXED GENDER, CRICKET FOR EVERYONE.**

**VENUE:** Victoria Park (Park 16)  
**WHEN:** Wednesdays: 4, 11, 18, 25 March  
**COST:** Only \$40 for all 4 sessions  
**REGISTER:** Via link in caption

**SESSION TIMES:**  
- AGES 9-12: 4:30pm - 5:30pm  
- AGES 13-17: 5:45pm - 6:45pm  
- AGES 18+: 5:45pm - 6:45pm

*NO SPECIAL GEAR NEEDED! JUST REGISTER, TURN UP AND PLAY!*

**FIRST LESSON FREE**

**IMPACT MARTIAL ARTS**  
KARATE - JITSU

**Tuesday Nights**  
6.30-7.30pm  
In the school gym  
Kids 4 - 12 years old  
Adults 12 years +  
No Experience Necessary

**STARTER BUNDLE**  
Membership  
Uniform  
4 weeks training  
Only \$95  
New Members  
JAN/FEB 2026

**SAVING \$100**

**BENEFITS OF IMPACT MARTIAL ARTS**

- Focus
- Coordination
- Self Defence
- Leadership Skills
- Fun Healthy Exercise

**Jujitsu** **Karate**

**BENEFITS OF IMPACT MARTIAL ARTS**

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**MAA**  
MARTIAL ARTS AUSTRALIA  
2026 ACCREDITED SCHOOL

**PROSPECT, WOODVILLE & PARAFIELD** **0411287812**