

Newsletter

No 10 18th September 2026

From the Principal's Desk

It is incredible to think that we are about to go into the last week of Term 3 already. The Term has flown by and we have had a lot of wonderful events throughout the term. Next week we will finish the term with three final events. On Wednesday next week the whole school will get together to watch the **Books to Life Performance** of Being Indy. On Thursday we will have our **Whole School Maths Expo** where parents and families are invited to join us for some fun maths activities in the classrooms between 9:15-10:15am. A coffee van will be available for adults to purchase a coffee from 8:30am. Finally, on Friday we will be holding a **casual clothes day**. Students are asked to bring a gold coin donation and wear casual clothes to raise money for Story Dogs.

Don't forget, school finishes at 2:15pm on the last day of term, next Friday, 25th September.

Congratulations to our Year 6 student Ari, who represented our school at the State Athletics Carnival recently. Ari finished first in the 12-year-old boys division in the High Jump, Long Jump and 100m relay team. Ari will now represent South Australia in the upcoming National Athletics Carnival

Congratulations also to our wonderful choir on their amazing performance on Wednesday night at the Festival of Music. Thank to Judy and all of the volunteers who assisted with the choir.

Earlier this term we had 69 students participate in the Australian Mathematics Competition. The AMC was first held in 1978, and is Australia's longest running and most well-known maths competition for school students. The AMC features unique problems developed each year by

leading educators and academics, designed to challenge and extend students' mathematical thinking and problem-solving skills.

Congratulations to Oti from Year 6 who achieved the highest result for our school and to everyone else who took part in the competition. As a school we are proud to announce the following results:

6 students achieved Distinctions certificates
22 students achieved Credits certificates
32 students achieved Proficiency certificates
9 students achieved Participation certificates



During the first 2 weeks of Term 3 I will be taking some long service leave. During my leave, Judy will step up as the acting Principal in my absence. We will also be releasing one of the class teachers to support the leadership team while I am away. I hope that you all have a safe and enjoyable break and we look forward to seeing everyone back at school for Term 4 on Monday 12th October.

Russell Barwell Principal

Term 3, 2026 20th July – 25th September
Term 4, 2026 12th October – 11th December

September: 25th Last day of term 3, 2.15pm dismissal

October 30th World Teacher's Day

November 2nd Governing Council Meeting
9th Pupil Free Day



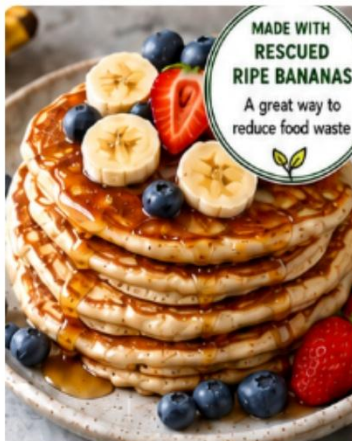


TURNING FOOD WASTE INTO FOOD WONDERS

THE BIOPHILIA PROJECT

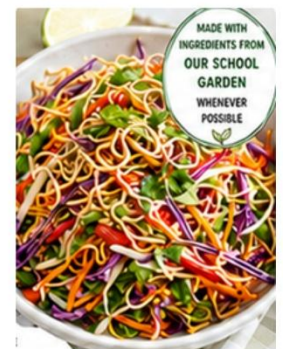
This term, students have been exploring the value of food and the importance of reducing food waste through The Biophilia Project, supported by the OzHarvest FEAST program and KESAB / EastWaste education initiatives. Through hands-on cooking experiences, students have discovered that food is precious and that even ingredients we sometimes overlook can be transformed into something delicious, healthy and creative.

Our young chefs, scientists and sustainability changemakers have been busy designing and creating recipes using ingredients that are often wasted. Students have made Fruit Skewers with Natural Yoghurt, Use-It-Up French Toast, Vegan Banana Pancakes, Crispy Zucchini Fritters, Tzatziki Dip and Vegetable Sticks, Garlic Yoghurt Sandwich Sushi, Rainbow Noodle Crunch Salad and Rizogalo Greek Rice Pudding.



Each cooking experience has connected students to real-world science and sustainability learning. They have explored how ingredients change when mixed, cooked and prepared, investigated where food scraps go, and discovered how scraps can return to the garden through our Biophilia Cycle — from compost and worms, back to healthy soil and new food. Students have also used Design Thinking to imagine new recipes, solve food waste challenges and create meals using ingredients creatively.

Through teamwork and reflection, students have developed their Biophilia SECRET Powers — becoming self-managers, explorers, creative and critical thinkers, reflective learners, engaged citizens and team players. They are learning that reducing food waste is not just about throwing away less; it is about valuing the food we have, making thoughtful choices and recognising that small actions can create a positive impact for our school and our planet.



What's Happening in Room 8

Room 8 have been measuring length, perimeter and area with informal and formal units, using a variety of tools. We enjoyed making a square metre in groups and using it to measure areas in the playground. We have learnt the difference between length, width and height and have been estimating, measuring, and comparing the measurements of objects in our classroom.



In Writing, Room 8 have been learning about procedures. We are learning how to include commands, verbs, adverbs and precise vocabulary in our writing. We have also been annotating text to identify the structure and language features of an expert procedure. For homework we chose a procedure to follow, planned and prepared an oral presentation and shared our procedure with the class. As an audience we have been practicing giving peer feedback and feedforward to the presenter.



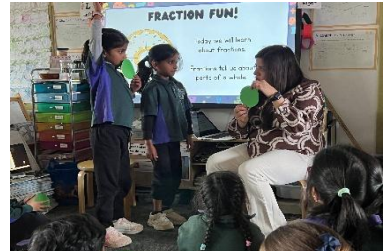
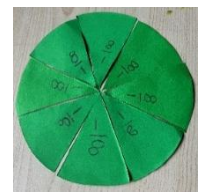
This term, Room 8 are involved in the 'Scitech Mission: Space Challenge'. We are learning all about Mars and the common obstacles students need to overcome when trying to land on Mars.

We have been introduced to basic coding, used coding terminology and predicted the outcomes of simple codes. We are now in the Ideation and Prototyping phases, so have been designing and building Mars landers to give them the lowest impact possible. The designs will need to carry a payload, fly through the air 2.5 metres horizontally and continue to send data while inside the design. Students will test their prototypes, record their g-force data results and observations and repeat the design and testing process.



Fun with Fractions in T15

T15 was privileged to have Kavita (*Highly Accomplished Teacher – Maths Focus*), take a maths lesson on fractions in our class last week. We started with a number line (thin rope). T15 worked out where zero went and then where the number one would go if the number line was a whole. The next step was to work out where fractions, or parts of the whole, went on the number line ($\frac{1}{2}$, $\frac{1}{4}$ and $\frac{1}{8}$). It was a fun challenge to work out! Kavita had a visual power point presentation to further support their understanding of fractions. Students then chose a paper circle or rectangle to fold and then carefully cut into equal parts or fractions of the whole. They discovered that the bigger the number is in the denominator, the smaller the fraction! Thank you, Kavita, for a great lesson.



Interested in learning a language?

The School of Languages is a government school offering a range of languages after school hours, in different locations around the metropolitan area, to students from all schooling sectors.

Our aim is to enhance access, choice and continuity in language learning for South Australian learners at all levels.

Our programs complement and supplement languages programs offered in mainstream schools and community schools.

Discover more at
www.schooloflanguages.sa.edu.au

CASUAL DAY

FRIDAY 25TH OF SEPTEMBER

HELP US RAISE MONEY FOR STORY DOGS

A READING PROGRAM THAT
MAKES A DIFFERENCE!

Volunteer **Sue** and her
dog **Scooby Doo** love
reading with students and
helping them build
confidence, one story
at a time.



COME DRESSED
IN YOUR CASUAL
CLOTHES!

DONATE A
GOLD COIN
TO PARTICIPATE!

EVERY DONATION HELPS MORE STUDENTS DISCOVER THE
JOY OF READING WITH A FURRY FRIEND!

GREEK ODES WITH A FOODIE TWIST!

Greek Odes are poems from Ancient Greek which were sung and danced to in praise of the Gods, heroes and their virtues and of course, muscular athletes. Room 7 have put a whole new slant on this art form and come up with some funny food heroes well worth savouring and certainly worth elevating on a pedestal!

Vicki Sandstad & Room 7

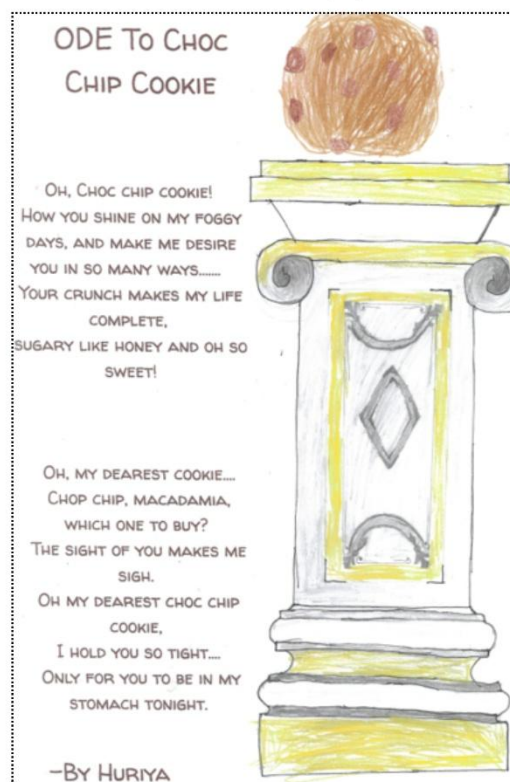



Ode to Doughnuts

Oh doughnuts you are
In my dreams, I think about your
ROSY GLAZE like a Tropical sunset.

You are
Like a **PURE MAGIC**
Dissolving in my mouth.

No wonder you resist
I just love that you exist.
I recognise you as my life
Please NEVER FORGET because you
are mine.



ODE To CHOC CHIP COOKIE

OH, CHOC CHIP COOKIE!
HOW YOU SHINE ON MY FOGGY
DAYS, AND MAKE ME DESIRE
YOU IN SO MANY WAYS.....
YOUR CRUNCH MAKES MY LIFE
COMPLETE,
SUGARY LIKE HONEY AND OH SO
SWEET!

OH, MY DEAREST COOKIE....
CHOP CHIP, MACADAMIA,
WHICH ONE TO BUY?
THE SIGHT OF YOU MAKES ME
SIGH.
OH MY DEAREST CHOC CHIP
COOKIE,
I HOLD YOU SO TIGHT....
ONLY FOR YOU TO BE IN MY
STOMACH TONIGHT.

-By HURRYA



Ode to Roast Chicken

Oh! Roastie chicken
Your drumsticks are divinely juicy!

Your savoury meat and crunchy skin.

Your irresistibly appetizing
tender wings sparkle in the light like the heavens.

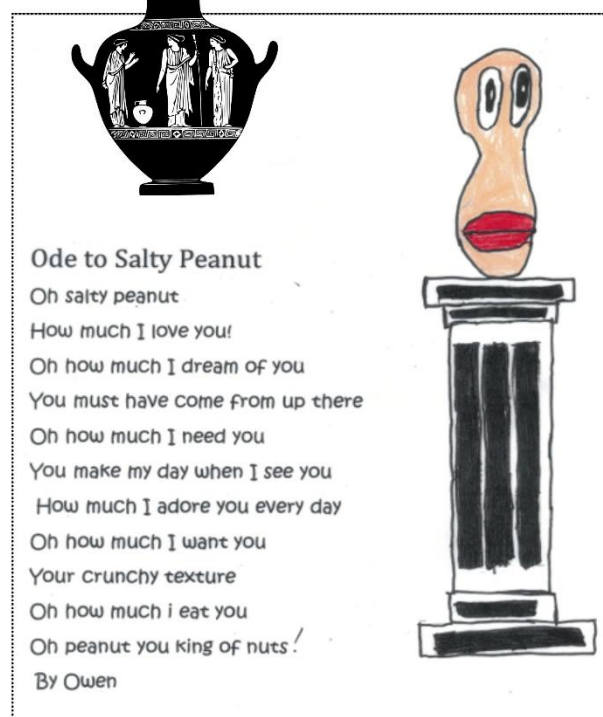
Oh! Roastie chicken ,
Your crispy skin shines like moonlight.

Your drumsticks are divinely juicy,
So tender they melt in my mouth.

Oh! Roastie chicken you are as nice as a pie

Roastie chicken you juicy chook,
You look so yummy I could eat you now.

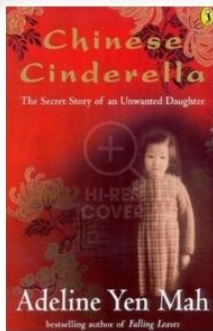
-By Scarlett



Ode to Salty Peanut

Oh salty peanut
How much I love you!
Oh how much I dream of you
You must have come from up there
Oh how much I need you
You make my day when I see you
How much I adore you every day
Oh how much I want you
Your crunchy texture
Oh how much I eat you
Oh peanut you king of nuts!

By Owen



Chinese Cinderella, Ancient China

In Studio 12 this term have been reading Chinese Cinderella, an autobiography by Adeline Yen Mah. Adeline's mother died when she was born, so her family thinks she brings bad luck

ANCIENT CHINA THE WHEEL BARROW

my invention is a wheel barrow and it helps you move heavy loads with less effort by splitting the weight between a front wheel and your hands.

Who invented the wheelbarrow?
The wheelbarrow was invented in ancient China around the year 231 AD, and the person who made it is named Zhuge Liang.

Why is the wheelbarrow important?
It allowed a single soldier to move heavy supply loads and evacuate wounded troops across rugged or muddy terrain without needing pack animals or extra manpower.

How did the wheel barrow change peoples life?
The invention of the wheelbarrow completely changed daily life in ancient China by making it much easier for one person to move incredibly heavy loads over long distances.

A wheelbarrow is still used today as a simple, powerful tool to move heavy loads using leverage and balance. The wheelbarrow started as a simple wooden cart with one wheel thousands of years ago, but today it is much smarter, lighter, and easier to use.

FUN FACTS!
Ancient China invented the wheelbarrow around 2,000 years ago during the Han Dynasty, completely changing how people moved heavy loads. Ancient Chinese inventors created the wheelbarrow nearly 2,000 years ago during the Han Dynasty.

Chinese seismograph

What is the seismograph and what does it do?
The seismograph is an instrument used to detect, measure and record ground movements and vibrations caused by earthquakes, volcanic eruptions and underground explosions.

When was the seismograph and who invented it?
It was invented in 132 CE (the actual year 132 2nd century 1,894 years ago) and invented by Zhang Heng (also written as Chang Heng) an ancient Chinese mathematician, astronomer and polymath.

Why was the seismograph important to ancient China?
The seismograph was important because the devastating quakes happened in many remote regions of China.

How did the seismograph change and improve lives?
The seismograph saved and improved human safety by detecting, measuring and recording ground movements to warn communities and guide safer constructions.

How is the seismograph still used, or how has it changed?
The traditional paper-and-ink seismograph is gone. Today, it has been replaced by a highly advanced digital sensors connected to the internet.

Fun facts!

- Right now, there are 150 seismographs in the world!
- The word seismograph gets its name from 2 Greek words combined: 'seismos' which means 'draw' and graph means 'to write' or 'to draw.'

KITES ANCIENT CHINA

WHAT IS KITES AND WHAT DO THEY DO
My invention is kites and its used for fun and sports. People fly kites at parks, beaches, and was used in the military

WHEN AND WHO INVENTED KITES
Kites were invented in China 2,300 to 2,500 years ago. Mozi made the very first kite and Lu Ban perfected it.

WHY WAS IT IMPORTANT
Kites were important in ancient China because they started as military tools for measuring distances, sending messages, and scaring enemies

HOW DID KITES IMPROVE PEOPLE'S LIVES
Kites improved people's lives by helping soldiers measure how far away an enemy camp was and helping people send messages to their friends

HOW IS KITES STILL USED
Kites are still used today for sports, festivals, and science tools. Kites changed from military spy tools and science helpers into colourful toys we fly for fun

FUN FACTS
1. The very first kite looked like a large wooden bird
2. A person named Han Xin flew a kite over an enemy castle, he looked at how much string he used to measure how long his soldiers needed to dig an underground tunnel to get inside

We have also been learning about Ancient Chinese culture and history. We explored how boys and girls were often treated differently and learned about the history of foot binding. We also discovered some of the amazing inventions created in Ancient China. Students investigated inventions including paper, gunpowder, the compass, porcelain, paper money, the seismograph, kites, silk, fireworks, the wheelbarrow, the umbrella and the mechanical clock.

PORCELAIN Ancient China

WHAT IS PORCELAIN AND WHAT DOES IT DO?
Porcelain is a strong and smooth type of pottery developed by Ancient Chinese craftspersons. It was used to make useful and decorative objects such as plates, bowls, cups, and vases. Porcelain was also famous for being strong, beautiful, and long-lasting.

WHEN WAS PORCELAIN INVENTED AND WHO INVENTED IT, IF KNOWN?
Porcelain was invented in Ancient China around 1600 years ago, during the Eastern Han Dynasty (about 25-226 CE). The exact person who invented porcelain is not known, because it was developed gradually by Chinese craftspersons over time.

WHY WAS THE PORCELAIN IMPORTANT IN ANCIENT CHINA?
Porcelain was important in Ancient China because it was strong, smooth, and useful for making dishes and other objects. It became a valuable product that was traded with other countries, helping China develop trade and become famous for its beautiful porcelain. It also showed the skill and creativity of Chinese craftspersons.

HOW DID PORCELAIN CHANGE OR IMPROVE PEOPLE'S LIVES?
Porcelain made everyday life easier because it was easy to clean and safely held food and liquids. Its popularity increased trade and business, helping China become more connected with other countries.

HOW IS PORCELAIN STILL USED, OR HOW HAS IT CHANGED TODAY?
Porcelain is still used today for dishes, decorations, tiles, and bathroom fixtures. Modern porcelain is made using improved technology. Modern machines and higher temperature kilns make it more consistent and durable. These improvements also make porcelain easier to produce in large quantities.

FUN FACTS!!
1. Ancient Chinese porcelain is still displayed in museums around the world today.
2. The word "porcelain" comes from an old Italian word, "porcellana," which means "cowrie shell." This name was used because porcelain was smooth, shiny, and looked similar to the shell.
3. Chinese porcelain became so popular that countries across Asia, the Middle East, and Europe wanted to buy it.

Purpose The Seisograph

The seismograph is a scientific instrument that detects, measures, and records tiny movements, such as seismic waves caused by earth quakes.

how it helped with life
The seismograph helped with peoples lives by speeding up disaster relief and preventing political chaos

**Ancient China
The Seisograph**

FUN FACTS
The Seismograph was first made in 132CE but it wasn't built until 1875

people still use seismographs

How it has changed
Seismographs have evolved from ancient mechanical devices with falling metal balls into high precision digital sensors that stream global earthquake data in real time

Fun facts discovered during out investigation:

China kept their secret of paper making for centuries.

Ancient Chinese armies invented the world's first musical drone warfare using kites. One silkworm cocoon can make a continuous line of thread that is measured anywhere from 300m to 900m long which is long enough to cover 9 soccer fields.

We recently welcomed Variety – the Children’s Charity’s free disability inclusion program, ‘Just Like You’ to deliver their workshops to our Year 1-6 students. Delivered in class to students by a facilitator, the program’s fun and interactive workshops educate students on the acceptance and inclusion of people living with a disability. The program helps them learn that people with a disability are the same as everyone else – they are ‘Just Like You!’

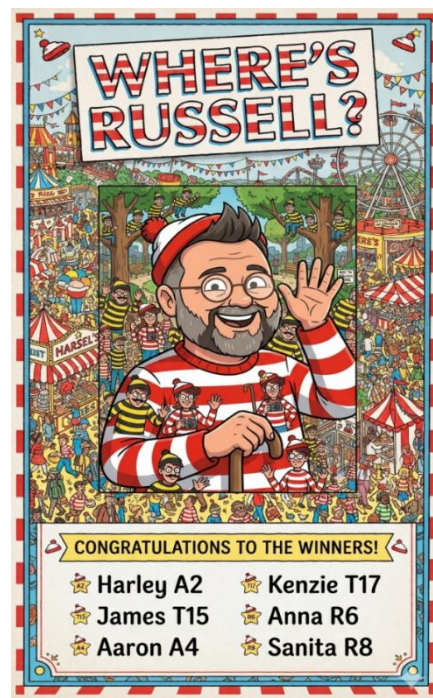
Our school has proudly joined Variety in its commitment to ensuring our students are engaged to reflect on their own roles and actions as citizens in their school and community. The Just Like You program proved to be a wonderfully engaging and beneficial experience for the students and was thoroughly enjoyed by all. For more information on the program we encourage you to visit www.justlikeyou.org.au.

You can support Variety – the Children’s Charity’s and help change the lives of young people by participating in:

Hair with Heart - a program where hair is donated and made into wigs for children who have lost their hair due to long-term medical conditions

<https://hairwithheart.variety.org.au/>

Be a Birthday Legend - an initiative where kids can use their birthdays to ask friends and family to donate in place of receiving gifts with funds raised supporting the Just Like You program <https://fundraise.varietynswact.org.au/event/be-a-bday-legend/home>



**BOOK WEEK: GUESS THE SINGER
COMPETITION WINNERS!**
**CONGRATULATIONS TO WILLOW
AND KAHLEESI FROM A3!**





Developing Differently-Positively
Raising Children with Disability



Scan to book
your **FREE** spot!

Developing differently

Are you raising children with disability, neurodivergence or development delay?

- What are the rights of your children?
- How can you advocate for your children?
- How can you break down the barriers?

Join us for a **FREE** workshop

Date and time:
Wednesday 28 October | 5:30pm-7:00pm

Where:
Prospect North Primary School, 30 Stuart Rd Prospect

To book:
<https://forms.cloud.microsoft/r/GQqWctCuVH>

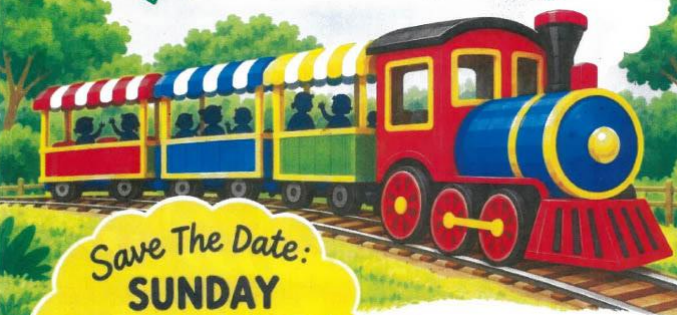
Topics covered include:

-  Coping with feelings about a child or young person's disability or difference
-  Understanding the rights of children/people with disability
-  Models of disability – breaking barriers, building bridges
-  Practical strategies to support meeting children/young people's needs

Logos: Government of South Australia, human services, Families Growing Together

All parents, carers, grandparents and supporters welcome.

ALL ABOARD FOR A
FUNRAISER
TRAIN FUN FUNDRAISER EVENT
for Prospect Kindergarten
hosted by the Governing Council



Save The Date:
**SUNDAY
25 OCT 2026
1 - 4 PM**

RAILWAY PARK EAST
370 Regency Rd,
Prospect SA 5082

**Sausage sizzle
and drinks sale**

Park Entry fees: \$10 Adults
\$6 Child & Under 3's Free

Totally enclosed footwear is required to ride the trains



Growing for GOLD DAY

NORTH CITY STARS GROWING FOR GOLD DAY

7TH OCTOBER

THE LIGHTS COMMUNITY & SPORTS CENTRE

ALL SKILL LEVELS WELCOME!

WANT TO PLAY BASKETBALL THIS SUMMER?

Whether you're picking up a basketball for the **very first time**, returning to the game, or looking for a new club for the upcoming **Summer Season**, we'd love to meet you!

No experience necessary — all skill levels are welcome!

SESSION TIMES

1 9:00 AM – 10:00 AM AGES 5-10 A fun introduction to basketball, with games and activities designed to get our youngest Stars moving, learning and loving the game!	2 10:00 AM – 11:00 AM AGES 11-16 Come onto the court, develop your skills, meet the team and experience what it's like to be a North City Star!	3 11:00 AM – 12:00 PM GIRLS ONLY A dedicated session for girls to come together, have fun, build confidence and give basketball a go in a welcoming environment.
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REGISTER NOW



YEARS 5 - 16
SCAN HERE TO REGISTER



ALL GIRLS
SCAN HERE TO REGISTER

COME ALONG FOR A FUN MORNING ON THE COURT WHERE YOU CAN:

- TRY BASKETBALL
- LEARN NEW SKILLS
- BUILD CONFIDENCE
- MEET NEW FRIENDS
- MEET OUR COACHES & PLAYERS
- SEE WHAT NORTH CITY STARS IS ALL ABOUT

GROW • BELIEVE • ACHIEVE

ONE CLUB • ONE TEAM • ONE GOAL

NORTH CITY STARS

COME & TRY!

NL

NEXT LEVEL ALL STARS

CHEERLEADING FOR KIDS OF ALL AGES AGES 4+

FIRST LESSON FREE!



NO EXPERIENCE NECESSARY ALL WELCOME!

FUN, FRIENDSHIPS & CONFIDENCE

BUILD SKILLS, SHINE BRIGHT, BE NEXT LEVEL!

18 POPE STREET BEVERLEY | 0466 535 191 | nextlevelallstars@outlook.com.au

WWW.NEXTLEVELALLSTARS.COM.AU




Ford Aussie Hoops

2026 - TERM 4

REGISTER NOW!

We're excited to announce that Ford Aussie Hoops sessions are back in Term 4, 2026 running on Saturday mornings at Roma Mitchell Secondary College!

Ford Aussie Hoops is Basketball Australia's official introductory basketball program run by accredited coaches and designed for boys and girls aged 5-10. It's the perfect way for young kids and their families to enjoy a fun, safe and inclusive first experience with the game.

WHAT TO EXPECT:

- Fun, game-based basketball sessions
- Skill development tailored for young beginners
- Focus on teamwork, social connection & building confidence
- Encouragement of active, healthy lifestyles

DATES

Saturday 17th October – Saturday 12th December (2026)

AGES & TIMES

5 - 7 years | 11:00am - 11:45am
8 - 10 years | 11:45am - 12:30pm

LOCATION

Roma Mitchell Secondary College

SESSIONS

9 sessions

COST

\$110 for the full term (Sports Vouchers accepted for payment)

REGISTRATION LINK BELOW

Optional Aussie Hoops start-up packs and merchandise available at checkout!

LEARN PLAY HAVE FUN!

START THEIR BASKETBALL JOURNEY TODAY!

If you have any questions just email admin@nabc.club



IMAGINE THE FUN

Join Woolworths Cricket Blast

Designed specifically for kids, our weekly 60-90 minute sessions are filled with game-based activities that get kids moving and having fun!

Prospect North Primary School

When: 20th Oct to 10th Nov 2026
Where: Prospect North PS - School Oval
Day & Time: Tuesday - 3:20pm to 4:10pm
Cost: \$49 for 4-weeks
Register: Scan QR Code



SIGN UP TODAY!

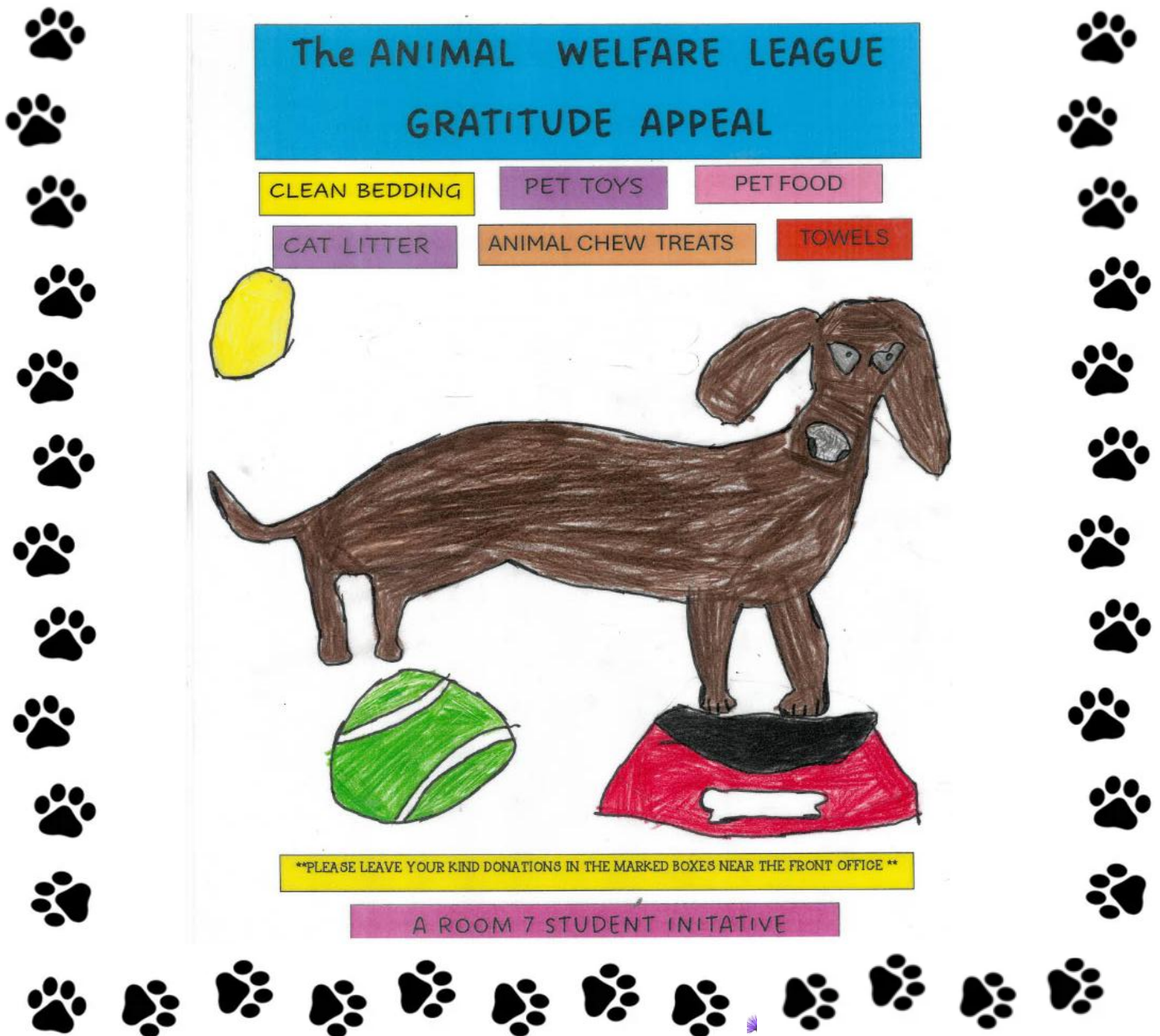
Q Play Cricket



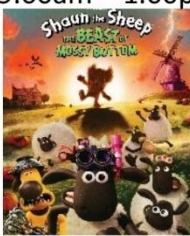
Room 7 ANIMAL WELFARE LEAGUE DONATION APPEAL

Last week we celebrated the International Gratitude Day. Taking this further we would like to extend kindness and gratitude to our furry friends, especially those who need a bit of extra love. Room 7 is inviting families to put a little something in the donation box for our 4-legged friends. Please give generously, every item helps the organisation.

Pet adoptions are always a positive and lasting way to help!



PROSPECT NORTH OCTOBER VACATION CARE 2026

MONDAY 28/9/26	TUESDAY 29/9/26	WEDNESDAY 30/9/26	THURSDAY 1/10/26	FRIDAY 2/10/26
All Things starting with M ART/CRAFT Mosaic pictures Marble painting  COOKING Mini Muffins (Savory) M&M Cookies  Games in the gym Musical cones Musical statues	EXCURSION HOYTS CINEMA ARNDALE Shaun the Sheep: The Beast of Mossy Bottom 9.00am – 1.00pm  ART/CRAFT Sheep finger puppets 	Challenge day Come and join us for some fun field challenges Minute to win it challenges: Cup stack Ping pong egg carton toss Defying gravity Cereal scramble Stem challenges: Egg drop Balloon rockets Physical challenges: Fitness circuit Human Knot Egg and spoon races	EXCURSION Adelaide Zoo 9.00am – 3.00pm Come along and explore the Zoo and find your favourite Animal  Movie on the big screen Zootopia 	Friday Funday Obstacle course in the gym today 10.00am – 3.00pm  Face painting 10.00am – 12.30pm ART/CRAFT Finger painting Straw painting Science Elephant Toothpaste Cooking Fairy Bread
Snack: Fruit platter	Snack: Crackers, salad and dip platter	Snack: Potato and leek soup	Snack: Sandwiches	Snack: Crackers, salad and dip platter
MONDAY 5/10/26	TUESDAY 6/10/26	WEDNESDAY 7/10/26	THURSDAY 8/10/26	FRIDAY 9/10/26
CLOSED PUBLIC HOLIDAY	EXCURSION HOYTS CINEMA ARNDALE Forgotten Island 9.00am – 1.00pm  ART/CRAFT Diy Leis Cooking Pineapple cake	Incursion Circus elements Show 10:30am – 12:30pm  ART/CRAFT Paper plate Clown masks Paper Clown pinwheels Cooking Scrolls	EXCURSION West Beach Mini Golf and playground 9.00am – 2.00pm  PARACHUTE GAMES 	Sensory play day Playdough Slime Cloud dough Guess the smell challenge Bubbles Chalk  Cooking Face cookies ART/CRAFT Hama Beads
Snack	Snack: Crackers, salad and dip platter	Snack: Fruit platter	Snack: Sandwiches	Snack: Flat bread pizza

All Bookings need to be made by Wednesday 9th September

Bookings made after this date will not be accepted

Due to unforeseen circumstances the program may be subject to change